

# WEST MELTON PRIMARY SCHOOL CANTEEN MENU 2018

To order: \* Please write your child's name, grade and order clearly on a lunch bag  
 \* Icy poles can be ordered in a lunch order, your child will need to bring their lunch bag to the canteen at the start of lunch to collect icy pole.

SANDWICHES-Wholemeal Bread	
NOTE: White bread available on request	
★ Ham/Tuna/chicken & salad	\$4.00
★ chicken, Lettuce & Mayo	\$3.50
★ Ham, Cheese & Tomato	\$3.50
★ Ham & Cheese	\$3.00
★ Cheese & Vegemite	\$2.50
★ Cheese & Tomato	\$2.50
★ Vegemite	\$2.00
★ cheese	\$2.00
★ chicken	\$3.00
★ Ham	\$2.50
★ Salad	\$3.50
<b>Or instead of a sandwich you can have</b>	
Roll Extra	.50c
Wrap Extra	.30c
SALADS TUBS	
★ Salads include - Lettuce, Tomato, Carrot, Cheese and bread slice	
★ Plain (no meat)	\$4.50
★ With Ham or Tuna	\$5.00
★ With Roast Chicken	\$5.50
DRINKS & FROZEN TREATS	
★ Water	\$2.00
★ Milk (chocolate & Strawberry)	\$2.20
★ Just Juice: Orange, Apple, Tropical, Apple & Blackcurrant	\$2.20
★ Quench: Blue Heaven, Apple & Raspberry, Lemonade	\$2.00
★ Focus Water (Raspberry, Fruit fix)	\$2.00
★ Slushie	\$2.00
★ Frozen Fruit Cup	\$1.00
★ Frozen Yoghurt	\$1.20
★ Paddle pop(Chocolate, Rainbow)	\$1.50
★ Icy Twist (Lemonade)	\$1.20
★ Mini Calippos (Raspberry)	\$1.00
★ Zing, TNT Icy Pole	\$1.00
EXTRAS	
Paper bag	.10c
sauce portion	.20c
★ GREEN - Everyday foods	
★ ORANGE - select carefully foods	

HOT FOOD	
★ Homemade Fried Rice	\$4.00
★ Homemade Lasagne	\$4.00
★ Homemade Spaghetti Bolognese	\$4.00
★ Beef burger (oven baked)	\$4.00
★ Chicken burger (oven baked)	\$4.00
★ Sweet Chili Chicken wrap (oven baked)	\$4.00
★ Chicken Chippie Wrap (oven baked)	\$4.00
★ Dim Sims (steamed)	\$1.00
★ Corn Cob	\$1.00
★ Hot Chicken roll (roasted chicken)	\$3.80
★ Wedges with sour cream (oven baked)	\$4.00
★ Sausage Roll	\$3.00
★ Noodle Cup Chicken/Beef	\$2.80
★ Pizza Hawaiian or margarita	\$3.50
★ Hotdog (Sauce, cheese 20c each)	\$3.00
★ Pie	\$3.50
★ Party Pie	\$1.00
★ Chicken Dinos (3) (oven baked)	\$3.00
★ Chicken Chippies (10) (oven baked)	\$3.00
TOASTED SANDWICHES	
★ Cheese	\$2.50
★ Ham & Cheese	\$3.20
★ Cheese & Tomato	\$2.80
★ Ham, Cheese & Tomato	\$3.80
★	
SNACKS	
★ Fruit	\$1.00
★ Carrot Sticks	.80c
★ Homemade Muffin	\$2.00
★ Homemade Cookie	\$1.50
★ Cereal-bags	.20c
★ popcorn (cheese, chicken and S & V)	\$1.00
★ JJs (Chicken, Pizza, Burger, S & V)	\$1.20
★ Mamee Noodles (chicken)	\$1.00
★ Chips (Sea salt & honey soy)	\$1.50
★	
<b>LUNCH PACK: \$5.00</b>	
Includes: Sandwich, cheese stick, carrot sticks and a piece of fruit	
Sandwich choices: Ham, cheese & tomato <b>OR</b> Chicken, mayo & lettuce <b>OR</b> Cheese and tomato	
<b>HOT LUNCH PACK: \$5.50</b>	
Includes: Homemade Lasagne and drink	
Drink Selection: Quench <b>OR</b> Focus Water only	