

Transition at MWPS 2019-2020

Dear Parents/Carers,

It is that time of year again where our students start feeling a little nervous, perhaps even excited at the prospect of moving into the next year level, with a new teacher and new classmates. It is perfectly normal for our students to experience a range of emotions as one stage of their lives comes to a close and a new one begins. I'd like to take this opportunity to reassure all our students and our families that we have established thorough processes, to support the transition of all our students across all year levels.

Our processes and practices support students in settling in to their new learning environment in preparation for future learning and development. We want our students to experience a smooth transition throughout their learning, so that the pace and quality of learning are maintained to ensure that students continue to make the very best progress.

Our processes for transition into prep are already well underway with Mrs. O'Connor's guidance. Meetings with Kindergartens have begun and dates are set for Prep transition. The dates for the 2020 Prep transition sessions are as follows:

Tuesday 19th November 2:15pm – 3:00pm

Tuesday 26th November 2:15pm – 3:00pm

Tuesday 3rd December 2:15pm – 3:00pm

Tuesday December 10th 9:30am – 10:45am – State-wide Transition for all and Step-Up Day at school

The year 6 transition is well underway and I have ensured that all students requiring additional transition dates/times have been identified and their names put forward to their respective secondary schools. In addition all year 6 teachers have completed extensive assessments and these will be passed onto relevant secondary schools with our year 6 teachers meeting face to face with secondary school personnel to discuss individual students in greater depth. The Leadership team from Melton Secondary College will be meeting with all parents and students attending the college in 2020 next **Thursday 24th of October at Melton West Primary School from 4:45pm-6Pm**. Thank-you to all our parents for their RSVP. The response has been tremendous and I am confident that this night will assist our students and parents in forging positive relationships with the staff at Melton Secondary College.

Our school uses the computer program Class Creator to assist us with placing students into new classes. The program allows for our teachers to put in relevant information in regards to individual students' academic results their gender and social/emotional well-being to ensure we form well balanced classes. All students will have an opportunity to list the names of 3 students they believe they work well with and wish for them to be in the same class. The school will endeavour to ensure that at least 1 of the listed names by the student is in their class for 2020.

Parents/carers please note if you have any questions or need any further clarification around our transition processes please feel free to make an appointment to speak with one of the Principal Class team. Finally we trust that all parents/carers will support the transition process through regular conversations with their children about feelings associated with endings and new beginnings and that the range of feelings are a normal part of life. All staff at MWPS are caring professionals who will work extremely hard to welcome all students into their new classes and ensure that teaching and learning programs are engaging and at the students' level of understanding.

'Believe you can and your half way there' – Theodore Roosevelt.

Warmest Regards,

Kathy Cvitkovic - Assistant Principal 3-6

Hello everyone,

Last term the whole school learned the acronym “FLUSH” to help us remember 5 simple rules for looking after and respecting our new toilet block.

1. Floors stay dry
2. Leave it clean
3. Use it quietly
4. Soft voices
5. Hands washed

Since the new toilets have been functional for a few weeks now we interviewed some students from Years 2 and 3 to find out their opinion of the new space.

Layla 3S – They’re better than the old toilets because they are much cleaner. I really like the quotes and mirrors.

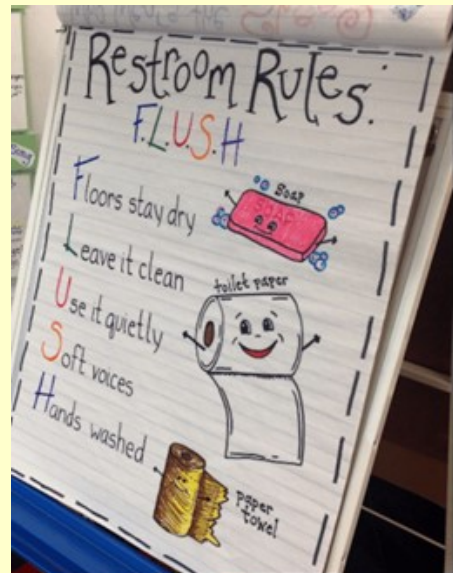
Grace 3W – Our new toilets are much cleaner and bigger. I really like how the taps turn off automatically.

Isaac 2S – Our new toilets are really clean. The old toilets were broken so it’s good we have new ones. The taps turn off automatically which is really cool.

Dolly 2D – The new toilets are really big and because they’re new, they are really clean. I like the locks on the doors which are better than the locks in the old toilets.

Until next time, have a wonderful week,

Kalais and Mason



TOMORROW(FRIDAY 18TH OCTOBER)

ASSEMBLY 2:30PM

PERFORMANCE BY PREP B

ALL WELCOME

PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



Melton West Primary School is a Child Safe School

We hold the care, safety and wellbeing of children and young people as a central and fundamental responsibility of our school and base all our decisions on what’s best for the students. Please talk to a staff member if you have any concerns about a child’s safety at any time.

It is the mission of Melton West PS to work collaboratively to ensure high levels of learning for all.

Getting it right in English!

Oral Language Investigation Stations

Developing sound oral language skills in the early years of life and schooling is essential in supporting students to be successful readers and writers.

Oral language includes two components:

Expressive language (speaking) is the use of words and non-verbal processes to share meaning with others.

Receptive language (listening) is the process of understanding what has been expressed. Listening can occur even when no sounds are heard by taking note of pitch, tone, stress, and the use of gesture to understand a speakers' meaning.

Investigation Stations:

One of the factors that heavily influences oral language includes topics that are motivating to talk about. Investigation Stations are one way that teachers provide opportunities for students to engage in meaningful oral interactions. . Examples of stations include a doctor's surgery, vet, hairdresser, school and restaurant. The stations build on what already interests students or engage their interest by making connections with their real life. Students are encouraged to use the social conventions and language associated with these social situations.

Many of these stations can be created at home using old objects from around the house or made by children using paper and cardboard. Other inexpensive props can be purchased from K-Mart, The Reject Shop or other discount stores. A great project for the school holidays with older siblings or friends!



Sarah Mills

Leading Teacher- Literacy

Playing games

Making maths fun and interactive by playing games will help engage your child.

Here are some ideas:

- >>> Play 'I Spy' or other games to help your child identify shapes, numbers and patterns.
- >>> Board games are a fun way to involve the whole family with maths. Help your child when rolling dice to count, move, and stop after moving the number shown on the dice.
- >>> When using dice your child may count all the dots on the die face to determine the total number. Over time they will begin to recognise automatically the value on the die face without counting.
- >>> The Victorian Maths Challenge is a fun and engaging way for families to engage in real life mathematics and explore problems together: <http://www.education.vic.gov.au/about/events/vmc>
- >>> Play number games online with your child. Here is a short list of good websites to help begin your online search for resources:
 - <https://fuse.education.vic.gov.au> (select Early Childhood or Primary Students tabs)
 - <http://education.abc.net.au>
 - <http://www.ictgames.com/resources.html>



Playing with shapes

Playing with shapes helps develop your child's awareness of different shapes. It also improves their hand-eye coordination.

Here are some tips and activities:

- >>> Jigsaw puzzles, tangrams or shape sorting toys help teach your child problem solving skills and spatial awareness.
- >>> Name and notice the similarities and differences between shapes. For example, shapes with curves, corners or edges.
- >>> Help your child draw shapes, cut them out and sort them into groups. Ask your child to explain why they have sorted the shapes this way.
- >>> Use cookie cutters to explore different shapes using playdough. Encourage your child to identify shapes in their everyday life, such as a round ball, square window or hexagonal 'STOP' sign.
- >>> Making paper planes together combines many mathematical concepts, including angles, shapes, halving and symmetry. Once complete, you can compare which plane flew the furthest and have fun measuring too.
- >>> Use building blocks to create a tower. Using the same number of blocks, ask your child to build another tower that's different to the first tower.

Moving with maths

These ideas use movement of the body to experience counting:

- >>> Count each toss of the ball as you play a game.
- >>> Estimate how many jumps it will take to get to... Then count how many jumps it takes to get to...
- >>> Count with your child as you climb steps or walk from the park bench to the slide.
- >>> Ask your child to find ways to balance their weight with a friend on the see-saw.
- >>> Sing rhymes and songs that involve counting while skipping.



insights



Are you asking your kids to step up?

by Dr. Deborah Gilboa

We do a lot for our kids, because we love them and often they need us. But we forget that one of the best things we can do for our kids is to help them learn to do for themselves and for others.

Do you ask your kids to do chores, to help out on a regular basis? You would be surprised how many parents – who were raised doing chores – don't ask the same of their kids. If you do give them chores, do you sometimes go behind them and redo the work when they're done? Don't! If it's not done right, get your child to fix it.

When I ask why parents don't give chores or why they don't challenge their kids with hard things – and I do, all over the world – parents tell me it's because kids are too... busy! They're working their tails off on classwork, teams, clubs, groups, trying to excel at 100 different things! So adults are willing to take on every other responsibility in their lives in order to facilitate these goals. And it's hurting kids.

We drive them everywhere – fewer teens are seeking drivers' licences each year. We type their work, do their research and try to buy them anything they or we think might possibly increase their success. We solve every problem and bulldoze over every potential obstacle. And kids accept this as the natural order of things.

We are stepping in front of our kids, when in fact we should be stepping *back* and allowing our kids to step up.

It sounds like tough love, but it's not. This is parenting. This is making sure that our kids, in just a few short years, don't still need us to do everything for them. Our kids know that we are expert problem-solvers. Now it's their turn to step up and learn to help themselves and others.

So how can we let kids step up? Here are a few tips you can try right now with kids of any age.

1. When your child or teen comes to you with a problem, don't fix it. Say "You're a good problem-solver. What do you think?" And then listen to the answer.
2. Expect them to fail, and talk about what they'll do when (not if) that happens.
3. Give them tasks to do that help the whole family (not only themselves) and make sure they do them, until it's done well. Be patient, but firm.

It's crucial that you take a step back and let your kids make mistakes and learn from their experiences. You aren't going to be there in adulthood to clear the obstacles they face or solve the struggles. They eventually will have to make decisions and find solutions on their own and they will be ill-prepared if they weren't allowed to make those

mistakes under supervision while you're right there to show empathy and give support!

You may be thinking "but what if there's an emergency and I have to jump in?" Well, first define emergency.

Two percent of the time, kids need an adult to jump in front of them and solve the problem. They need an adult to protect them from a life-threatening issue that overwhelms their internal resources such as when they experience bullying, mental health issues and eating disorders.

The other ninety-eight percent of the time kids need a compassionate adult to take an interest, from a distance, without fixing anything. So step back so that a child or a young person can step up and handle problems and dilemmas themselves.

[You can attend our upcoming webinar, Step back so kids step up, at no cost!](#)

About the webinar

Children and teenagers are capable of so much more than they are often given credit for. Closing the expectation gap between what adults believe kids and young adults are capable of, and allowing them to create their own solutions to the challenges they face will greatly impact their resilience, and society as a whole. In this webinar, Dr. G will outline the practicalities of doing that, and the guiding principles that will make it possible.

When

Wednesday 18 September 2019 8:00pm AEST.

Price

This webinar is \$37 per person to attend, and is free of charge to families at schools that have a membership.

How parents can redeem the voucher

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-step-back-so-kids-step-up>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **STEP** and click 'Apply Coupon' (valid until 18 October 2019). Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details. These details are used to login to your account and access your parenting material
7. Click 'Place Order'



Dr. Deborah Gilboa

Internationally respected parenting and youth development expert, Deborah Gilboa, MD, is the founder of AskDoctorG.com. Known as Dr. G, she is an industry leading speaker, author, social influencer, and media personality. Dr. G inspires audiences with relatable stories and tools to develop life skills in children, teens and young adults ages 2-22. Connect with Dr G on [Twitter](#), [Facebook](#), [Instagram](#) or via [her website](#).

Being SunSmart in Victoria



In Victoria we have a number of alert services that are available to find sun protection times in your location. Sun protection times are available on the free SunSmart app or at sunsmart.com.au or myuv.com.au. The SunSmart UV Alert is now referred to as the daily sun protection times. The sun protection times are issued whenever UV levels are three or above. It's important to use a combination of sun protection measures during these times and not just one.

When UV is 3+



Slip on covering clothing



Slop on SPF30 or higher, broad-spectrum, water-resistant sunscreen



Slap on a broad-brimmed hat



Seek shade



Slide on sunglasses (AS:1067)



When UV is below 3

Sun protection isn't required unless you are outdoors for extended periods or near reflective surfaces, such as snow.

Being SunSmart at Melton West Primary School

- Students and staff are required to wear broad-brimmed hats when outdoors in Terms 1 and 4.
- Our school supplies SPF30 or higher broad spectrum, water resistant sunscreen for staff and students to use prior to going outdoors.
- Students are required to wear school uniform which includes shirts with collars and longer styled shorts and skirts.
- Our school is committed to providing adequate shade for outdoor activities and play. Students without a broad-brimmed hat or appropriate clothing will be restricted to play in designated shaded areas during Terms 1 and 4
- Students are permitted to wear close fitting UV protection wrap around AS1067 sunglasses whenever they are outside.
- A Hot Day timetable will be implemented subject to extreme weather.

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VACCA in partnership with Brothers in Arms Dance Workshop



Brother's In Arms in partnership with VACCA will be running a FREE 12 week hip hop and traditional dance workshop in Werribee and Melton. Ages between 10-18 years old can attend the workshop. Limited spaces available (15 participants per location).

The workshop will involve:

- Two dance sessions per week in both regions from 4:30pm to 6:30pm
- Two community dance performance at the end of the year

Melton dance workshop will start on October 8th 2019.

Will be held every Monday and Thursday afternoon at Melton 3rd Scout Hall 1 Henry St, Melton 3337 from 4:30pm until 6:30pm.

Werribee dance workshop will start on October 9th 2019.

Will be held every Wednesday and Friday afternoon at Werribee Secondary College, Duncan's Road, Werribee 3030 from 4:30pm until 6:30pm.

Transport available and afternoon tea provided

Registrations and more information

Jacinta Scott 0408 542 373 jacintascott@vacca.org or Breanna Browning 0427 563 014 breannab@vacca.org



VACCA in partnership with Food Ladder and ACAH Demonstration Farm EXPRESSION OF INTEREST Certificate II & III in Agriculture & Horticulture

Western VACCA would like to announce our partnership with Food Ladder and ACAH Demonstration Farm in our new community development project that will give 24 Aboriginal and Torres Strait Islander age 16 years and over the opportunity to complete a certificate in agriculture & horticulture.

Program will run 2 days a week
Tuesday and Thursday 9:30am to 2:30pm.
Transport is available.

If you are Aboriginal or Torres Strait Islander? Are 16 years and over?

Are you interested in:

- Agriculture & Horticulture
- Would you like to obtain a certificate II & III in agriculture & horticulture?
- Learning how to grow your own fruit, vegetables and traditional bush foods?
- Farm management including environmentally controlled growing systems (greenhouse)
- Being connected to culture and involved within the community

If you answered yes then this program is for you!

Registrations and more information

Jacinta Scott 0408 542 373 jacintascott@vacca.org
Breanna Browning 0427 563 014 breannab@vacca.org

RTD ID 21314



TERM 4 EXCURSION/INCURSIONS

- Year 3/4 Rugby: Friday 18th October
- Year 5 CERES: Tuesday 22nd October

Payment due tomorrow, Friday 18th October

- Year 5/6 Rugby: Thursday 31st October
- Payment due Tuesday 29th October**

- Year 4 CERES: Friday 1st November
- **Payment due Wednesday 30th October**

- Year 3/4 Basketball: Thursday Nov 14th
- **Payment due Tuesday 12th November**

- Year 6 Immigration Journey Incursion
- Tuesday 12th November**

- **Payment due Friday 8th November**

- Year 2 Sleepover: Friday 29th November

- **Payment due: Monday 25th November**

- Year 6 Graduation

Wednesday 11th December

- **Payment due Friday 1st November (deposit)**

- **Must be paid in full Friday 22nd Nov**

**END OF TERM: Friday
20th December 1:30pm**

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